

P.G DEPARTMENT OF PSYCHOLOGY

Session 2022-23 and 2023-24

Programme Outcome (P.O):

M.A (Psychology): This course empowering students to achieve academic excellence and a fully functioning human life. Trained students in psychology testing and explain its results in a comprehensive way. Involve students in community-based extension activities. To sharpen students' focus in relevant research activities. Empower students in the use of theory, assessment and psychology in a variety of sectors, including counselors, clinical, sports, crime, organizational assessment. Trained students provided counseling services in the area of internal concerns. Make the students comprehensive in implementing basic and applied research. Students will prepare with different perspectives for more job opportunities and higher education.

Programme Specific Outcome (PSO I):

To create a strong research oriented theoretical foundation in accordance with recent advances in the discipline of psychology. To enable students to take a creative, empirical and ethical approach to the program that combines conceptual repertoire and research practices in both quantitative and qualitative traditions.

CO 1 Systems and Theories of Psychology –

- It focuses on when and how psychology became a science.
- Students can learn to compare and contrast the major schools of thought and discuss key historical and social events that shaped the field.
- Students should be able to demonstrate and understanding of the ways in which psychological knowledge, skills, and values can be applied in a variety of settings.

CO 2 Experimental psychology:

- To examine relationship between behavior (Cognitive, Affective, Connative) and mind with the help of manipulate research variables
- In order to discover different specialized social, clinical, cognitive, neuroscience and developmental issues.
- It included psychometrics, behavior modification, experiment measurements such as perception and sensation etc.

CO 3 Physiological psychology:

- To understand the basics of physiological basis of behavior, how biochemistry of the brain affects the brain.
- Learn the effect of behavior on the physiological systems.
- Understand the physiological bases of senses, emotions and sleep.

CO 4 Statistics in psychology:

- Statistics allow individuals to organize data, describe data and make inferences.

- Do analysis with different statistical methods in order to examine different variables with different outcomes with specific conclusions.
- Students able to distinguish between parametric and non parametric statistics and provide knowledge of different types of scales of measurement.

CO 5 Cognitive Processes –

- To help students in understanding mental processes, working of mind.
- Help in understanding how we acquire, store, transform, use and communicate information.
- Provide knowledge of the fundamental issues in contemporary cognitive psychology and understand the methods used to study cognitive processes.

CO 6 Social Psychology:

- Familiarizing with basic social psychological concepts and relevant methods.
- It focuses on developing an understanding of the individual in relation to the social world, understanding aggression, its prevention and control.
- Understanding how prejudice is formed and how to reduce it.

CO 7 Environmental Psychology:

- It focuses on the interplay between individuals and their surroundings.
- Students will be able to understand the term **environment** broadly, encompassing natural environments, social settings, built environments, learning environments, and informational environments.
- Students will be able to have a better understanding to the environment problems especially with reference to Indian context

CO 8 Experimental Designs in Psychology:

- To understand depth knowledge about quantitative and qualitative designs with respect to their applicability in behavior relation to different processes.
- It focuses on research designs to ensure their understanding in research methodology.
- Basic understanding of Analysis of Variance (ANOVA)

Programme Specific Outcome (PSO II): Participation in this course will provide the student an introduction to the processes involved in clinical work and psychodynamic psychotherapy. To create critical understanding of quantitative techniques.

CO 9 Personality Theories: Students will be able to understand the concept and origin of Personality and the dynamics of personality with the help different personality theories. It will enable students to understand the assessment of personality types and compare and contrast different personality perspectives

CO 10 Psychometrics: To understand the theory and technique of psychological measurement which includes the quantification of mental attributes, behavior with the design, analysis and improvement of the tests and questionnaires and measurement of knowledge, abilities, attitudes and personality traits.

CO 11 Intelligence and creativity: To understand the concept of intelligence and creativity, its applicability with respect to different theories. It will facilitate students with different perspectives of different theorists on cognitive and developmental approaches.

CO12 Psychopathology: To provide an in depth review of a broad spectrum of psychopathological conditions as defined in the DSM. This course will enable students to discuss several different theoretical perspectives in the general psychopathology and have a substantial foundation of knowledge about psychopathology to apply in formulating effective intervention strategies.

CO 13 Personality Assessment- Students will be able to administer, score, and interpret of empirically supported measures of personality traits and styles in order to refine clinical diagnosis, structure and inform psychological interventions and increase the accuracy of behavior prediction in a variety of context and settings.

CO 14 Research Methodology The objective of the course is to equip with advanced training in research methods and professional skills. Students can apply theoretical knowledge to analyze practical problems and developing hypotheses, understanding dynamics of sampling and data analyses for conducting Research and writing the report.

CO 15 Counselling Psychology- Upon successful completion of the course, the students should be able to understand the basics of Guidance and Counseling. Different kinds of counseling techniques develop basic Counseling skills. Counseling processes help students to make effective relationship and Counseling applications in different fields sustain their applicability.

CO 16 Clinical Psychology: It provides clinical knowledge for the purpose of understanding, preventing and relieving psychologically based distress and to promote subjective wellbeing and personal development. It also develops focus on symptomology and their applicability in terms of therapies to retain their level in normality.

Course Outcome (C.O) For Undergraduate classes (Psychology)

CO 1 General Psychology: To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life. Appreciation of the scope and the field of psychology. Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, and thinking.

CO 2 Experimental Psychology: To examine relationship between behavior (Cognitive, Affective, Conative) and mind with the help of manipulate research variables in order to discover different specialized social, clinical, cognitive, neuroscience and developmental issues with respect to sensation, perception, attention, learning, memory and motivation experiments.

CO 3 Abnormal Psychology: To examine unusual patterns of human behavior, emotions and thoughts understood from the clinical context. It identifies multiple causes for different conditions, employing diverse theories from general psychology. It includes adaptive and maladaptive causes with different biopsychosocial perspectives in relation to different therapies on basis of different disorders.